

ASK LARRY

About Anything

During the past eight years as owner/publisher of ActiveOver50 media, I've been asked dozens of questions about a host of things, including housing, healthcare, money, transportation, travel, starting a business, single clubs—you name it.

Although I don't claim to be an expert on all of these topics, I do know a little about some things. Or know someone who does.

That's what this new column is all about. Email me your questions on any topic: AskLarry@ActiveOver50.com. And I'll answer the best I can. The most interesting ones will appear in this column and online.

Q: *I'm bored to death and need to get out more. Do you know of any outings or events for boomers and seniors in the Bay Area?* --Bill

A: What are your interests? Regardless, the Internet is the place to start. Goggle: Outings for Seniors in the Bay Area. Also

try Meetup.com. Another good resource is Bay Area Older Adults—bayareaolderadults.org. Also check out The Weekly Yelp at yelp.com. Community/senior centers, libraries, churches and clubs also provide fun and interesting things to do. Count your blessings by living in the Bay Area—there are hundreds of monthly events and fun activities. I'm sure you'll find one to your liking.

Q: *My aunt is 85 and undergoing chemo for pancreatic cancer. She needs someone to help her at home on a daily basis. Any suggestions?* --Susan

A: Her best bet is to hire a home care provider for a few hours a day. There are hundreds in the Bay Area. Start your research on the Internet: Home Care Providers in the Bay Area. Also check out the advertisers in this issue of ActiveOver50. I'll email you the ones that I know personally and highly recommend. Good luck. This is a decision not to take lightly so do your homework.

Got a question for Larry? Email: AskLarry@ActiveOver50.com. Or write: Ask Larry, ActiveOver50, P.O. Box 321209, Los Gatos, CA 95032.



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- Jer, 67

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"I've lost 40 lbs and I'm
working out for the first
time in my life!" - Sue, 73